

# Checklist to Set Up Learning from Home for Students with Autism, ADHD, ODD, PDA and Neurodiversity

## Top Things to Remember

1. Strategies wear out
2. Not every strategy works with every child
3. To know one person with autism is to know one person with autism

- Quiet and Calm Position to Learn in the Home
- Writing. Does your child need pencil grips?
- Organisation of Equipment by Only Using Essentials
- Quiet Area for Downtime
- Teacher Assistant / Parent / Carer to Support
- Use of Schedules / Timers / Timetables
- Always Carry Notepad and Pen
- Reading – Have you got good resources?
- Scheduled Break Times
- Regular Toilet/Drink Breaks
- Sensory Tools to Calm and Focus

Add your own notes:

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